Dishes and their allergen content

Breakfast Club

(Note – Please state the name of the cereal(s) containing gluten^{*} and/or the name of the nut(s)[†])

Dishes						Lupin Flour			MUSTARD	A			S S S S S S S S S S S S S S S S S S S	Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Yoghurts							Х							
Milk							х							
Alpro Soya Drink													х	
Crisp Rice Cereal		X - Barley												
Corn Flakes		X - Barley												
Cheerio Multi- Grain		X – Wheat, Barley & Oats												
Weetabix		X – Wheat & Barley												
Bran flakes		X – Barley & Oats												
Special K		X – Wheat & Barley												



