



Child Safety Week 3 - 9 June 2024

Child Safety Week is the Child Accident Prevention Trust's (CAPT) annual community education campaign, acting as a catalyst for thousands of safety conversations and activities UK-wide.

CAPT help families build confidence and skills in managing the real risks to children's safety, wanting all children to have the freedom to grow and learn, safe from serious harm.

This year's theme is

Safety. Sorted!

Sign up for free resources at [Child Safety Week](https://www.childsafetyweek.org.uk) | [Child Accident Prevention Trust](https://www.capt.org.uk) ([capt.org.uk](https://www.capt.org.uk))

Free from falls

*“A preventable accident ends up with a shattered family.
And that's just very tragic.”*

Paediatric Neurologist (a doctor who specialises in child brain injury)

Scrapes and bruises are a part of growing up. But even a fall from a highchair can cause a bad head injury. That's because babies' heads are much heavier than their bodies, which makes them top-heavy. And when they land, their head takes much of the impact. Stop serious falls....



Windows – what's that I can see?

Small children are curious, but have no real understanding of danger.

- Do not put furniture in front of windows, especially in children's rooms
- Get safety catches or locks fitted if you can



Cots, beds and changing tables

- Even small babies can wriggle off beds and changing tables, so change nappies on the floor
- Remove toys from cots so your baby can't stand on them to get out of the cot

Watch out in water



“This has highlighted the dangers posed when a child is left unsupervised for a short period of time and even in the shallowest of water.”

Coroner's report, bath seat drowning of 7-month-old

Drowning happens silently. A drowning child can't speak or control their arms. They slip quietly under the water. It's only in the movies they splash about and cry for help.



Babies and small children

Get everything you need ready before bath time. Stay with your baby or child all the time they are in the bath.

- Don't rely on siblings to keep an eye on each other, they are too young to understand the danger.



Out and about

- Teach older children to choose safe places to swim like public pools and beaches with lifeguards.
- Explain the dangers of swimming in open water, including strong currents, deep, cold water and things under the surface they can't see.
- Empty the paddling pool out after you've used it.
- Turn a pond into a sandpit, or fence it in or cover it while your children are little
- Make sure your child can't get to the neighbour's pond.
- Be alert to ponds, pools or hot tubs when visiting other people's homes.

Safe around roads



“ One act of bad driving robbed the world of a beautiful, intelligent and caring young person. Our lives have been turned upside down by our daughter's death. ”

Bereaved Dad whose daughter was killed in a car accident

It can be hard knowing how best to teach your child to stay safe. Go to [Child Safety Week | Child Accident Prevention Trust \(capt.org.uk\)](#) for simple advice for pedestrians, travelling in the car, cycling and driving.