

Vegan & Gluten Free options available daily

Week 1

Insert - Week Commencing Dates



AUTUMN / WINTER

Bread, Yoghurt, Salad Bar, Milk & Water available daily

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN CHOICE

Cheese & Tomato
Pizza **6,7** with
Wedges

Meatballs **6** in a
Rustic Tomato
Sauce

Roast Turkey
Yorkshire Pudding
3,6,7 Stuffing **6** &
Gravy

Chicken Tikka
Masala **7**
with Rice

Beef Burger
5,6,13 served in
a warm Roll **4,6**

VEGGIE CHOICE

Creamy Tomato &
Basil Pasta **6,7** &
Garlic Croutons
5,6,7

Vegan Meatballs **5**
in a Rustic
Tomato Sauce

Quorn Fillet **6**
Yorkshire Pudding
3,6,7 Stuffing **6** &
Gravy

Vegetable
Tikka Masala **7**
with Rice

Vegetable Burger **6**
served in a
warm Roll **4,6**

LIGHTER BITE

Jacket Potato
or Sandwich
with a choice of
Fillings

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or Sandwich
with a choice of
Fillings

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SIDES

Coleslaw **3,9**
Vegetables
Salad Bar

Pasta **6**
Garlic Bread **5,6,7**
Sweetcorn
Salad Bar

Roast Potatoes
Vegetable Melody
Salad Bar.

Naan Bread **6**
Vegetables
Salad Bar

Crispy Fries
Peas & Sweetcorn
Salad Bar

DESSERT

Old School Cake
3,5,6,7 & Custard **7**
Fresh Fruit &
Yoghurt **7**

Orange
Shortbread **6**
Fresh Fruit &
Yoghurt **7**

Fruit Salad
Fresh Fruit &
Yoghurt **7**

Chocolate
Krispie Cake **6**
Fresh Fruit &
Yoghurt **7**

Iced Fruit Smoothie
Fresh Fruit &
Yoghurt **7**

Allergens - **1** = Peanuts. **2** = Tree Nuts. **3** = Egg. **4** = Sesame. **5** = Soya. **6** = Gluten. **7** = Milk. **8** = Celery. **9** = Mustard. **10** = Fish.

11 = Crustaceans. **12** = Molluscs. **13** = Sulphites. **14** = Lupin.