



RHE journey at Heath Hayes Academy

EYFS

Family and people who care for me-
Who is in my family?
What do families do?

Families- To know what marriage is.
Know that there are different types of families.

Caring friendships-
What a friend is. How to be a good friend.
To know who we can trust in our lives.

Respectful relationships- Using manners.
Understanding how to treat people kindly.

Respect- Knowing people's appearances are different. Being themselves & being kind to themselves.

Year 1

Online relationships-
Know how to stay safe using a tablet or computer. Make sure parents are aware.

Respect- How to treat people kindly at school and at home, providing examples.

Respect- Knowing how to respect other's differences. Using manners consistently.

Friends- How to make friends.
What to do if friends make us unhappy.

Families- Should give us love, safety and stability. Respecting other people's families.

Families- What is a caring relationship? What does it look like?

Year 2

Families- Understand caring relationships make us feel happy. Know what to do if families make us unhappy.

Caring Friendships- How to be a good friend and not make people feel lonely.

Caring friendships- How to deal with arguments without violence. Show awareness of who to trust.

Respect- Knowing that people are different based on their appearance and personality.

Respect- Understand that respect works two ways. Being kind to yourself for happiness. Why bullying is unacceptable.

Online- Understand how to stay safe using a tablet or computer. Make sure parents are aware.

Year 3

Being safe- Where to get advice e.g. family, school, and how to ask for it for themselves or others.

Being safe- Appropriate boundaries in friendships. Each person's body belongs to them.

Online- That the same rules apply to online relationships as face-to-face relationships.

Online- The rules for keeping safe online. How information and data is shared and used.

Respect- How to treat people kindly at school and at home with examples.

Respect- Using manners. Being themselves and kind to themselves.

Friendships- What a friend is- kind, sharing, liking the same things.

Families- Who is in their family? What families do- care, protect, spend time, keep safe.

Year 4

Families- Know what marriage is. Know that there are different types of families.

Friendships- How to be a good friend and not make people feel lonely. Know who to trust in their lives.

Respect- Knowing people are different based on appearance, personality and beliefs.

Respect- Show awareness of it being unacceptable to be unkind (bullying)

Online- Know that people sometimes behave differently online. How to critically consider online friendships.

Being safe- Understand the need for privacy online. Keeping data safe.

Being safe- Knowing it is not always right to keep secrets if they relate to being safe.

Being safe- How to respond safely to adults they meet online.

Being safe- How to recognise and report feeling unsafe or abuse.

Year 5

Being safe- What boundaries are appropriate in friendships with peers and others.

Being safe- The concept of privacy and its implications for both children and adults.

Being safe- How to ask for advice for themselves or others and to keep trying until they are heard.

Online- People online sometimes pretend to be someone they're not.

Online- Importance of respect for others online, including when they are anonymous.

Respect- Knowing people are different based on their appearance, personality, beliefs and background.

Respect- Understand the importance of using manners and being courteous.

Friendships- Mutual respect within friendships. Friendships that exclude people are negative.

Families- Deeper understanding of family dynamics and what families look like across the world.

Families- What families do and how families help each other in times of difficulty.

Year 6

Families- Understand the choice of marriage, knowing that some people choose not to marry.

Families- Awareness of what would make an unhappy/unsafe feeling when with family, and what to do about it.

Friendships- How to manage friend conflicts- alone or adult support required?

Friendships- How are friendships useful in our life? Source of support.

Respect- Develop a strong sense of self respect. How to treat people with mutual respect. How respect is earned.

Respect- Understand what bullying is and how it can happen.

Online- How to recognise and report risks and harmful content online.

Online- How information is shared and used online.

Being safe- Differences between safe/unsafe contact involving a person's body.

Being safe- How to report concerns or abuse and the vocabulary needed to do so.

FINISH