

REACH
Eat

AUTUMN / WINTER

Bread, Yoghurt, Salad Bar, Milk & Water available daily

MAIN CHOICE

MONDAY

Cheese & Tomato Pizza **6,7** with Wedges

TUESDAY

Meatballs **6** in a Rustic Tomato Sauce

WEDNESDAY

Roast Turkey
Yorkshire Pudding
3,6,7 Stuffing **6** & Gravy

THURSDAY

Chicken Tikka
Masala **7** with Rice & Naan Bread **6**

FRIDAY

Fish Fingers **6,10** with Tomato Ketchup

VEGGIE CHOICE

Creamy Tomato & Basil Pasta **6,7**

Macaroni Cheese **6,7,9**

Vegan Sausage Roll **6** with Potato Wedges

Cheese & Bean Wrap **6,7**

LIGHTER BITE

Jacket Potato or Sandwich with a choice of Fillings

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SIDES

Garlic Bread **5,6,7**
Vegetables
Salad Bar

Pasta **6**
Garlic Bread **5,6,7**
Sweetcorn
Salad Bar

Roast Potatoes
Vegetable Melody
Salad Bar.

Vegetables
Salad Bar

Crispy Fries
Baked Beans
Salad Bar

DESSERT

Old School Cake **3,5,6,7** & Custard **7**
Fresh Fruit & Yoghurt **7**

Orange Shortbread **6**
Fresh Fruit & Yoghurt **7**

Ice Cream **7**
Fruit & Yoghurt **7**

Chocolate Krispie Cake **6**
Fresh Fruit & Yoghurt **7**

Fruit Muffin **3,5,6,7**
Fresh Fruit & Yoghurt **7**

Allergens - **1** = Peanuts. **2** = Tree Nuts. **3** = Egg. **4** = Sesame. **5** = Soya. **6** = Gluten. **7** = Milk. **8** = Celery. **9** = Mustard. **10** = Fish.

11 = Crustaceans. **12** = Molluscs. **13** = Sulphites. **14** = Lupin.