



Heath Hayes Academy's Child-friendly Safeguarding Policy

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Agreed by Headteacher: September 2026

Agreed by Governors: September 2026

This document, which is known as a "policy", looks at what school staff do to make sure we are kept safe, and what you can do when you think someone is hurting you or someone else. This policy was written by your School Council.

What does 'Safeguarding' mean?

There are trusted people around you that can help you if you are not safe.



Who to talk to

All of school staff can help you with your worries, but the safeguarding team are a group of adults that you can speak to at any time if you feel unsafe at school or at home.

The safeguarding team are:



Mrs Evans



Mrs Johnson



Mrs Stockings



Mrs Roo

You can talk to one of these adults by asking your teacher to take you to their office.

Looking after our mental health



Sometimes you might feel sad or angry in school, that's okay. You might want to use the Rainbow room to calm down.

You can find the Helpful Bear in the library.



5-4-3-2-1 GROUNDING

Can you name...



5 things you see



4 things you feel



3 things you hear

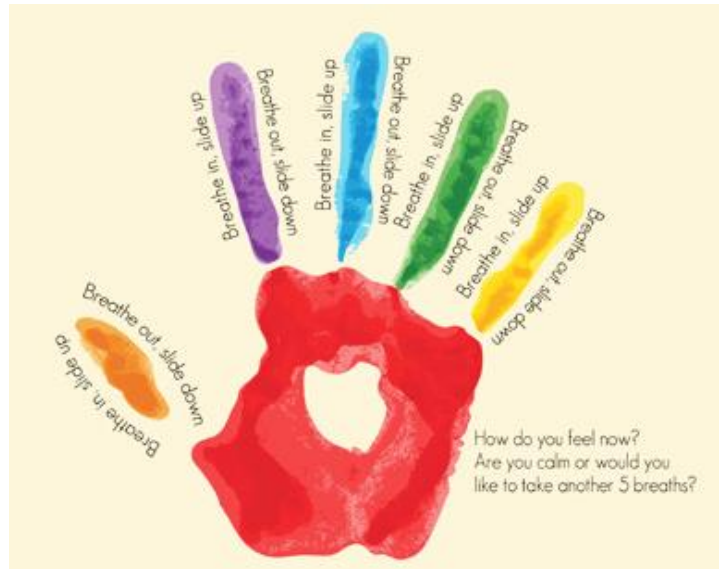


2 things you smell



1 thing you taste

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What are the PANTS rules?



Privates are private



Always remember your body belongs to you



No means no



Talk about secrets that upset you



Speak up, someone can help



We learn about the PANTS rule in school. It helps us understand our body belongs to us, and we should tell a safe adult we trust if anything makes us feel upset or worried. We need to remember not to touch our friends in their private area, **even if we think it's a joke.**

It would be good to ask your friends before you give them a hug or high five, this is called consent.

Internet safety



We have a programme at school called Sophos that stops us seeing or reading anything that we shouldn't see on the internet. This is to keep us safe.



Smoothwall looks after us on devices. It will send a screenshot to Mrs Johnson and Mrs Evans if we try to search for or type anything that is not appropriate for our age.



Bullying

Bullying is unkind behaviour to someone else, every day or lots of times. This could happen at school, at home or on your phone/tablet (Online).

You should always speak up about bullying, by telling a trusted teacher or your family. If you have a phone, make sure your parents or family check your phone.



Bullying Happens...

Several

Times

On

Purpose

What to do...

Start

Telling

Other

People

Together we can **STOP** it!

Remember...

Being Kind

Being **Kind**
means supporting
and helping others
and making
positive choices.





School building and the playground

There are lots of things that keep us safe in the school building.



Only teachers and members of staff can use the codes and button scanners.



Sometimes we might hurt ourselves at school by falling over or bumping our heads. The teachers will help us and use the first aid boxes around school to make sure we are okay.





Fire drill



A loud bell will sound and keep going.

We practice lining up and leaving the school building, in case of fire. We must leave the school using the fire exits and line up on the field outside. We must remain calm and quiet.

Lockdown drill



A loud bell will sound and keep going.

Sometimes we need to practice Lockdown, this could be if a deer came onto the playground, or a stranger we weren't sure about wanted to come into school. We must lock our classrooms doors, close the blinds, turn off the lights, hide under a table or in a cupboard, and stay quiet.

The children's safeguarding display is by the main office, and it has information about people that can help you, it also has tips and who you can talk to at school or at home.

